



Pain in the front of the pelvis, aggravated by walking and posture change, diagnosed as symphysiolysis, is a phenomenon common in women in the second and third trimester of pregnancy. Symphysiolysis severely damages quality of life – women have trouble moving, walking, sitting, lifting their lower extremities, etc. For many women, pain, restriction of movement and discomfort persist to varying degrees both during pregnancy and up to two years afterwards.

The Department of Obstetrics and Gynecology at the Shaare Zedek Medical Center is currently conducting a clinical trial to examine the efficacy of acupuncture in treating this phenomenon. The trial takes place after positive experiences accumulated by therapists and caregivers in the past two years. In the experiment, the participating women are divided into two groups: the first one will be treated with acupuncture and the other – a control group – will be treated using a placebo. Since the positive effects of acupuncture are expected to be immediate, women in the control group who do not respond to treatment will be treated with "genuine" acupuncture an hour later, so that eventually all participants will be treated with "genuine" acupuncture. This experiment is routinely reviewed and approved by the Shaare Zedek Medical Center Ethics Committee. We invite women who wish to participate in this trial to contact Oz Levy: 054-2211994 or ozlevy@szmc.il.org.