Instructions for a patient treated with Carbogen gas
(CARBOGEN)

The Information Sheet is formulated in the male language, but is intended for both women and men.

Dear patient!

Treatment with Carbogen gas is intended for patients experiencing a sudden hearing loss. The hearing loss may be caused by narrowing of the small blood vessels in the inner ear (the part responsible for hearing).

Carbogen contains oxygen at the concentration of 95% and carbon dioxide at the concentration of 5%.

Carbogen dilates the blood vessels of the brain and the inner ear, and may thus improve hearing.

The department nurse will instruct you regarding all the aspects related to treatment with Carbogen using an inhalator.

The nurse will help you any time you fell that you need assistance with your inhalation.

**Very important!**

You may not smoke or use a cell phone during the treatment with Carbogen due to the risk of fire

**Important information:**

- The inhalation is carried out 4 times in 24 hours, 20 min each time. Ensure spreading of the inhalation procedures over the entire day.
- The inhalation mask is personal. A label with your personal details and the date of starting using the mask will be attached to the mask.
- Perform the inhalation while sitting calmly.
- It is important to try to maintain a regular breathing rate during the treatment.
- If you experience dizziness or nausea, call the nurse by pressing the nurse call bell.
- At the end of the treatment, place the mask in the cabinet near your bed.
- The department nurse will ensure replacement of the personal mask once a week.
- Sometimes headaches and a sensation of fever may appear in response to inhalations. If the sensations are persistent or bothersome, please inform the staff.

We wish you a successful treatment and complete recovery!

Staff of the ENT Department