Dear patient,
The staff of the monitoring room welcomes you and wishes you a rapid and complete recovery. This information leaflet is intended to provide general information about the activities performed in the monitoring room to make your stay easier and to promote your wellbeing. The monitoring room is designed for intensified care within the Department of Internal Medicine B, in order to stabilize your condition until you can be transferred to the regular department.

Structure and characteristics of the monitoring room:
The monitoring room is located on floor 8 within the Department of Internal Medicine B, room No. 8352. The room contains 5 beds separated from each other by curtains. The monitoring room is intended for patients requiring observation and intensified treatment for problems of respiratory system, urinary system, gastrointestinal system, heart, liver, kidneys etc. Around each bed, there is personal space including a cupboard for personal equipment storage and a chair for visitors near the bed. We monitor your medical condition continuously by a monitor providing information about your vital signs (blood pressure, heart rate, breathing rate, oxygen saturation in blood etc.). The monitor is positioned above your bed and connected to another screen at the nurses’ station.
A designated nurse treating only patients hospitalized in the monitoring room is always present in the room.

Monitoring room staff:
The staff includes physicians, nurses, nursing assistants, a social worker, a dietician, a speech therapist, a physiotherapist, a secretary, national service volunteers and cleaning staff.

Medical staff:
Head of the department and monitoring room: Dr. Shoshana Zevin
The physicians responsible for the treatment of patients in the monitoring room are part of the medical staff responsible for a group of rooms in the Department of Internal Medicine B. As required, specialists are called for various consultations and/or procedures such as tracheostomy (fixing an airway in the trachea) etc. You can meet the physicians in the physicians’ room located at the entrance to the department, room No. 8394 between 14:00 – 16:00. A physician on call is present throughout the evening and night hours, as well as on Saturdays and holidays.

Nursing staff:
Head Nurse of the department and monitoring room: Mrs. Tania Mor – room No. 8376.
You can meet the Head Nurse in her room in the morning.
Deputy: Mrs. Renana Schlesinger.
Secretary: Mrs. Rachel Zaafrani.

Other staff:
Social Worker: Mrs. Dina Ashkenazi - room No. 8383 - present on Sundays, Mondays, Tuesdays, Thursdays between 8:00 – 16:00. You may contact the Head Nurse and the social worker of the department with any problem.

Dietician: Mrs. Moriya Yinon – room 8384. The composition of your meal is determined by the dietician. The food is adjusted to your personal needs.

Admission to the monitoring room:
Patients hospitalized in the monitoring room arrive from various departments of internal medicine or directly from the ER, in order to be monitored (under follow up and observation) in a continuous and accurate manner and/or to undergo a medical procedure requiring close follow up and treatment.

At the time of admitting you to the room, the nurse will perform nursing admission, including a short questionnaire and measurement of your vital signs. Then the physician will perform the medical admission, including a conversation and examination.

Upon your arrival, the family members will be requested to wait outside the room until the end of your initial medical and nursing treatment, followed by nursing admission in the presence of a family member who can provide essential information.

It is important to provide us with medical documents, medication list, images (X-ray, CT) etc., so that you can provide maximal information required about your medical history.

Daily routine of the monitoring room and visiting hours:
The nursing staff works in 3 shifts: morning 07:00 – 15:00, evening 15:00 – 23:00, night 23:00 – 07:00.

The nurses are assisted by nursing assistants throughout each shift.
A registered nurse is present in the monitoring room throughout each shift; you can contact her with any question and request.

- The staff provides treatment as required: administration of medications, blood tests, measurement of vital signs, changing dressings, follow up and monitoring and performing various medical procedures.
- Any test and treatment will be explained to you and your family by the person performing the procedure.
- You may contact the staff members with questions at any time and we will do our best to answer them.

7:00 – 7:30 Shift transfer
7:30 – 8:00 Entry of visitors
8:00 – 11:30 Breakfast, drug dispensing, taking blood tests, morning treatment, physicians’ rounds
11:30 – 13:30 Entry of visitors
13:30 – 15:30 Lunch and drug dispensing, noon treatment and shift transfer
15:30 – 16:00 Entry of visitors
16:00 – 18:00 Evening treatment
18:00 – 20:00 Entry of visitors and dinner
20:00 – 22:00 Drug dispensing
22:00 – 23:00 Entry of visitors

We know that your family members and loved ones are an integral part of your recovery. We are doing our best to enable entry of visitors during the visiting hours and even beyond these hours. In view of the unique nature of care in the monitoring room, cooperation and understanding of the visitors will make it easier for you and the staff.
We allow maximum two visitors to stay near each patient, so that we can maintain quietness and order in the department for patients’ wellbeing and optimal care. One accompanying person is allowed to stay overnight near the patient, on a sitting armchair.

**For your attention:**

- Medications will be dispensed according to physician’s order under the responsibility of the nurse responsible for your treatment only.
- Do not take medications independently without notifying the nurse.
- Do not get off the bed or eat food from home/ outside the hospital without consulting the treating nurse.
- The decision on your discharge or transfer from the monitoring room to another department in the medical center is subject to medical discretion, based on your condition and other data.

**Please avoid bringing valuables such as:** money, jewelry, electronic devices. If you have brought valuables with you, we ask you to transfer them to a family member/ accompanying person for storage until you are discharged from hospitalization. Alternatively, you can deposit your valuables at the Security Department. The treating nurse will invite a security officer upon your request to make it possible for you to deposit the valuables. The hospital is not responsible for loss of / damage to valuables.

**Telephone numbers:**
Department desk: 02-655549
Department fax: 02-6666971
A business card of the department can be obtained at the desk.

**General information:**
- Cafeteria: floor 4. Stations selling coffee, cakes and sandwiches are located on floors 2,4,9. (On floor 2, the station is open 24 hours during Sundays - Fridays).
- ATM machine: Floor 4, in front of the “Patient admission” office.
- Synagogue: floor 8.
- “Yad Sarah” (for lending medical equipment): floor 3, Sundays - Thursdays during 10:00 – 14:00.
- Dining room: floor 3. Meal vouchers for a family member can be purchased in the “Patient Admission” office on floor 4.
- Parking: subject to charge. (You may ask the social worker of the department for a parking badge if the duration of hospitalization is longer than 2 weeks).
- Gift shop: floor 4.
- Shop of the volunteer organization “Yael”: floor 3. (magazines, chocolate, toys, etc.).
- Hotel: floor 5. Registration via the Housekeeping Department on floor 3.

We are trying to grant you optimal care.
To make it easier for you and your family as much as possible, we ask for your cooperation and your patience.

**We will be happy to answer any question you may have**
With wishes of a rapid recovery
**Staff of the monitoring room - Department Internal Medicine B**