

MINI - Mucosal Inflammation Noninvasive Index

Item	Points
1. Stool	
0-1 Normal or liquid stools, no blood	0
≤ 2 Semi-formed with small blood, or 2-5 liquid	4
Gross bleeding, or ≥ 6 liquid, or nocturnal diarrhea	8
2. Fecal calprotectin (µg/g)	
<50	-3
50-99.9	0
100-299.9	5
300-599.9	7
600-899.9	9
≥900	12
3. ESR (mm/hr) and CRP (mg/L)	
ESR<10 and CRP<5	0
30>ESR≥10 or 10>CRP≥5	1
50>ESR≥30 or 30>CRP≥10	2
ESR≥50 or CRP≥30	5
Sum of MINI (-3 to 25) =	

MINI User guide:

1. While it is possible to score the MINI index with either CRP or ESR, both are preferred.
2. Score the highest of CRP or ESR.
3. The stool item: The intent is to score the stool pattern during the preceding week. First categorize the subject as having blood in the stool or not.

If there is **no blood** in the stool, score as follows:

- Formed stools or up to 1 loose stool daily = 0
- 2-5 liquid or very loose stools on 1 or more days = 4
- 6 or more liquid or very loose stools on 1 or more days or any nocturnal diarrhea = 8

If **blood** is present in the stool, score as follows:

- Small amounts of blood (on toilet paper or small spots in stool) = 4
- Any gross bleeding (large amounts on stool or colors the water in the toilet) = 8

Cut off values:

<8

8-11

>11

mucosal healing
mild inflammation
moderate-severe