

## PUCAI - Pediatric Ulcerative Colitis Activity Index

ITEM	POINTS
<b>1. Abdominal pain:</b>	
No pain	0
Pain can be ignored	5
Pain cannot be ignored	10
<b>2. Rectal bleeding</b>	
None	0
Small amount only, in less than 50% of stools	10
Small amount with most stools	20
Large amount (>50% of the stool content)	30
<b>3. Stool consistency of most stools</b>	
Formed	0
Partially formed	5
Completely unformed	10
<b>4. Number of stools per 24 hours</b>	
0-2	0
3-5	5
6-8	10
>8	15
<b>5. Nocturnal stools (any episode causing waking)</b>	
No	0
Yes	10
<b>6. Activity level</b>	
No limitation of activity	0
Occasional limitation of activity	5
Severe restricted activity	10
SUM OF PUCAI (0-85)	

The established cut-off scores for the PUCAI defined severity stages  
 <10 points remission;  
 10-34 mild disease;  
 35-64 moderate disease;  
 ≥65 severe disease)